

# What's on the Menu?

AOD School Food Program K8- Breakfast Menu  
St. Edward on the Lake Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday

April 2024

1  
**NO SCHOOL**

2  
**NO SCHOOL**

3  
Pop Tart  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

4  
Cereal Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

5  
Cereal Bowl  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

8  
Nutrigrain Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

9  
BeneFIT Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

10  
Pop Tart  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

11  
Cereal Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

12  
Cereal Bowl  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

15  
Nutrigrain Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

16  
BeneFIT Bar  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

17  
Pop Tart  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

18  
Cereal Bar  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

19  
Cereal Bowl  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

22  
Nutrigrain Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

23  
BeneFIT Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

24  
Pop Tart  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

25  
Cereal Bar  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

26  
Cereal Bowl  
String Cheese or  
Yogurt  
Fresh Fruit or  
Cupped Fruit

29  
Nutrigrain Bar  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

30  
BeneFIT Bar  
String Cheese or  
Yogurt  
Fresh Fruit or Cupped  
Fruit

- Milk served with every meal



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Thursday

Friday

1

**NO SCHOOL**

2

**NO SCHOOL**

3

Bacon Cheeseburger  
Baked Beans  
French Fries  
Fresh Banana

[#BrunchforLunch](#)

4  
Mini Chocolate Chip  
French Toast  
Sausage Links  
Carrots & Celery Sticks  
Assorted Fruit

5

French Bread  
Cheese Pizza  
Tator Tots  
Fresh Orange

8

Chicken Patty  
Sandwich w/Cheese  
Romaine/Tomato &  
Cucumber Salad  
Fresh Pear



[#TacoTuesday](#)

9  
Beef Soft Taco  
Shredded Cheese  
Black Beans / Corn  
Fresh Apple  
Baked Cookie

10

Bosco Sticks  
Marinara Sauce  
Carrot / Celery Sticks  
Fresh Grapes

[#BrunchforLunch](#)

11  
Sausage, Egg &  
Cheese on English  
Muffin  
Hashbrown Patty  
Fresh Broccoli  
Assorted Fruit

12

Macaroni and  
Cheese  
Mixed Vegetables  
Fresh Apple

15

Chicken Tenders  
Dinner Roll  
Broccoli w/ Cheese  
Fresh Apple Slices



16  
Hot Dog on a Bun  
Waffle Fries  
Baked Beans  
Fresh Pear  
Baked Cookie

17

Italian Sub Sandwich  
Carrot / Celery Sticks  
Mixed Fruit

[#BrunchforLunch](#)

18  
Mini Pancakes  
Sausage Links  
Hashbrown Patty  
Mixed Vegetables  
Assorted Fruit

19

Sloppy Joe  
Sandwich  
Seasoned Corn  
Fresh Orange

22

Chicken Nuggets  
Seasoned Curly Fries  
Fresh Grapes



23  
[#TacoTuesday](#)  
Beef Walking Taco  
Salsa  
Black Beans / Corn  
Fresh Apple

24

Bosco Sticks  
Marinara Sauce  
Carrot / Celery Sticks  
Fresh Banana

[#BrunchforLunch](#)

25  
French Toast Sticks  
Sausage Links  
Fresh Broccoli  
Assorted Fruit

26

Rotini Pasta with  
Meat Sauce  
Breadstick  
Romaine Salad  
Fresh Apple

29

Popcorn Chicken &  
Mashed Potato Bowl  
Dinner Roll  
Seasoned Corn  
Fresh Apple



30  
Grilled Cheese  
Sandwich  
Tomato Soup  
Seasoned Broccoli  
Apple Slices

**Available Daily**

Entrée 2 – Garden Salad w/ Chicken & Pita Bread  
Entrée 3 – Soy Butter & Grape Jelly

**Fruit, Milk and Vegetables available with all Entrées**

- School's **MUST** offer all 5 components (Grain, Fruit, Milk, Protein and Veggie). Students **MUST** choose 3 or more food groups. 1 component **MUST** at least be ½ cup fruit and/or vegetable



**Available Daily**

**Fruit, Milk and Vegetables available with all Entrées**

- School's **MUST** serve all 5 components (Grain, Fruit, Milk, Protein and Veggie).



April 2024