What's on the Menu? AOD School Food Program K-8 – Breakfast Menu St. Edward on the Lake Catholic School

2024	

Nutrigrain Bar String Cheese or **Yogurt** Fresh or Cupped Fruit

Monday

BeneFit Bar 3 String Cheese or Yogurt Fresh or Cupped Fruit

Tuesday

Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit

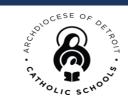
Wednesday

Cereal Bar 5 String Cheese or Yogurt Fresh or Cupped Fruit

Thursday

Cereal Bowl 6 String Cheese or Yogurt Fresh Fruit or Cupped Fruit

Friday



Join Us for Breakfast

Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit

BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit

10

Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit

11

18

Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit

12

19

26

13 Cereal Bowl String Cheese or Yogurt Fresh Fruit or **Cupped Fruit**

Cereal Bowl

String Cheese or

Yogurt

Fresh Fruit or

Cupped Fruit

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores

20

27



All meals served with milk.

Nutrigrain Bar

16

23

String Cheese or **Yogurt** Fresh or Cupped Fruit

17 BeneFit Bar

String Cheese or Yogurt Fresh or Cupped Fruit

Pop Tart

String Cheese or Yogurt Fresh or Cupped Fruit

Cereal Bar Yogurt

String Cheese or Fresh or Cupped Fruit

NO CLASSES



NO CLASSES

NO CLASSES

NO CLASSES

25

NO CLASSES

30

NO CLASSES

31

24

NO CLASSES

Bring on BREAKFAST

- AOD School Food Program Contact Information: (313) 883-8755 This institution is an equal opportunity provider.



Monday

Tuesday

3

Wednesday

Thursday

Friday

6

13

Beef Hot Dog on a Bun

French Fries **Baked Beans** Applesauce

Crispy Chicken Sandwich

Seasoned Broccoli Mixed Fruit

Cheeseburger

Spiral Fries Mixed Vegetables Fresh Cantaloupe Baked Cookie 👛

Homemade Beef

Lasagna Breadstick Garden Salad Fresh Apple

Chicken Nuggets

Broccoli with Cheese

12

26

Cheesy French Bread Pizza

Fresh Carrot Sticks Fresh Grapes

Macaroni and Cheese

Dinner Roll

Green Beans

Applesauce



Specials



Global Eats turns food into a worldly adventure!

For the Month of December, we'll be traveling to Italy! Come Join Us!

Global Eats - Italy Thursday, December 5, 2024

Featuring: Homemade Lasagna



Grilled Cheese 9 Sandwich

Tomato Soup Seasoned Corn **Diced Strawberries**

#TacoTuesday **Beef Nachos**

Salsa Refried Beans Shredded Romaine Sliced Apples

#BrunchforLunch 11 Sausage, Egg &

Cheese on a **Biscuit** Tater Tots **Diced Pears**

Fresh Cantaloupe Cubes

#BrunchforLunch 19 Mini Maple **Pancakes**

Sausage Patty Seasoned Broccoli Fresh Cantaloupe Cubes

½ Day

NO CLASSES

27

20

Daily Offerings

Entrée #2

Garden Salad w/Chicken & Pita Bread

Entrée #3

Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available daily with all entrées

*School Must offer all 5 components (Protein, Grain, Fruit, Veggie and 1% Milk)

*Students MUST choose 3 or more components - 1 component MUST at least be 1/2 cup fruit & or Vegetable

Bosco Sticks Marinara Sauce

16

23

30

Carrot & Celery Sticks Applesauce

NO CLASSES

Chicken Tenders Mashed Potatoes Seasoned Corn Fresh Grapes

Cheeseburger w/ **Turkey Bacon**

Baked Beans French Fries Fresh Banana

25

18

NO CLASSES

NO CLASSES

31

17

24

NO CLASSES

NO CLASSES



NO CLASSES

All meals served with milk.

 Menus will be changing to accommodate for the National Food Supply Chain challenges

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