

# What's on the Menu? AOD School Food Program K-8 – Breakfast Menu St. Edward on the Lake Catholic School



**February 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>Nutrigrain Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>4</p> <p><b>BeneFit Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>5</p> <p><b>Pop Tart</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>6</p> <p><b>Cereal Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>7</p> <p><b>Cereal Bowl</b> String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>
<p>10</p> <p><b>Nutrigrain Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>11</p> <p><b>BeneFit Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>12</p> <p><b>Pop Tart</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>13</p> <p><b>Cereal Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>14</p> <p><b>NO CLASSES</b></p>
<p>17</p> <p><b>NO CLASSES</b></p>	<p>18</p> <p><b>BeneFit Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>19</p> <p><b>Pop Tart</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>20</p> <p><b>Cereal Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>21</p> <p><b>Cereal Bowl</b> String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>
<p>24</p> <p><b>Nutrigrain Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>25</p> <p><b>BeneFit Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>26</p> <p><b>Pop Tart</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>27</p> <p><b>Cereal Bar</b> String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>28</p> <p><b>Cereal Bowl</b> String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>

**Join Us for Breakfast**

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores


*All meals served with milk.*

# What's on the Menu?


AOD School Food Program K-8 – Lunch Menu  
St. Edward on the Lake Catholic School



February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Spaghetti with Meatballs Breadstick Corn Fresh Orange</p>	<p>★ 4</p> <p><b>#TacoTuesday</b> Beef Soft Taco Refried Beans Shredded Lettuce Apple Slices</p>	<p><b>#BrunchforLunch</b> 5</p> <p>Egg Sausage and Cheese Biscuit Tater Tots Diced Strawberries</p>	<p>6</p> <p>Chicken Nuggets Broccoli with Cheese Cantaloupe Cubes</p>	<p>7</p> <p>Macaroni and Cheese Dinner Roll Green Beans Applesauce</p>
<p>10</p> <p>Bosco Sticks Marinara Sauce Carrot &amp; Celery Sticks Apple Slices</p>	<p>★ 11</p> <p>Chicken Tenders Mashed Potatoes Corn Fresh Grapes</p>	<p>12</p> <p>Cheeseburger Baked Beans French Fries Fresh Banana</p>	<p><b>#BrunchforLunch</b> 13</p> <p>Maple Pancakes Sausage Broccoli Cantaloupe Cubes</p>	<p>14</p> <p><b>NO CLASSES</b></p>
<p>17</p> <p><b>NO CLASSES</b></p>	<p>★ 18</p> <p>Bosco Sticks Marinara Sauce Mixed Vegetables Black Beans Mixed Fruit</p>	<p> 19</p> <p>Chicken Soft Taco Elotes Mexican Corn Shredded Lettuce Diced Peaches</p>	<p><b>#BrunchforLunch</b> 20</p> <p>Egg, Sausage and Cheese on English Muffin Tater Tots Apple Slices</p>	<p>21</p> <p>Macaroni and Cheese Dinner Roll Garden Salad Fresh Grapes</p>
<p>24</p> <p>Chicken Tenders Broccoli with Cheese Apple Slices</p>	<p>★ 25</p> <p>Hot Dog Baked Beans French Fries Mixed Fruit</p>	<p>26</p> <p>Cheeseburger Carrot &amp; Celery Sticks Fresh Orange Nacho Cheese Doritos</p>	<p><b>#BrunchforLunch</b> 27</p> <p>Confetti Pancakes Sausage Hashbrown Patty Mixed Vegetables Diced Strawberry</p>	<p>28</p> <p>Sloppy Joe on a Bun Corn Diced Peaches</p>


### Specials



Global Eats turns food into a worldly adventure!  
For the Month of February, we'll be traveling to Mexico! Come Join Us!

**Global Eats – Mexico!**  
**Wednesday, February 19, 2025**

**Featuring:**  
**Chicken Soft Taco**  
**Elotes Style Corn**



### Daily Offerings

**Entrée #2**  
Garden Salad w/Chicken & Pita Bread

**Entrée #3**  
Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available daily with all entrées

\*School **Must** offer all **5** components (Protein, Grain, Fruit, Veggie and 1% Milk)

\*Students **MUST** choose **3** or more components – 1 component **MUST** at least be ½ cup fruit & or Vegetable