

What's on the Menu?

AOD School Food Program K-8 – Breakfast Menu
St. Edward on the Lake Catholic School

November 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>NO CLASSES</p>	<p>5</p> <p>BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>6</p> <p>Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>7</p> <p>Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>1</p> <p>Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>
<p>11</p> <p>Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>12</p> <p>BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>13</p> <p>Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>14</p> <p>Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>8</p> <p>Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>
<p>18</p> <p>Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>19</p> <p>BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>20</p> <p>Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>21</p> <p>Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>15</p> <p>NO CLASSES</p>
<p>25</p> <p>Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>26</p> <p>BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit</p>	<p>27</p> <p>NO CLASSES</p>	<p>28</p> <p>NO CLASSES</p>	<p>22</p> <p>Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit</p>
<p>29</p> <p>NO CLASSES</p>	<p>29</p> <p>NO CLASSES</p>	<p>29</p> <p>NO CLASSES</p>	<p>29</p> <p>NO CLASSES</p>	<p>29</p> <p>NO CLASSES</p>

Join Us for Breakfast

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores

All meals served with milk.

What's on the Menu?

AOD School Food Program K-8 – Lunch Menu
St. Edward on the Lake Catholic School

November 2024



Monday	Tuesday	Wednesday	Thursday	Friday
4 NO CLASSES	5 ★ Chicken Tenders Homestyle Mashed Potatoes Corn Fresh Grapes	6 Cheeseburger w/Bacon French Fries Baked Beans Fresh Banana Baked Cookie 🍪	7 #BrunchforLunch Mini Maple Waffles Sausage Patty Seasoned Broccoli Fresh Cantaloupe	1 Macaroni and Cheese Dinner Roll Green Beans Applesauce
11 Chicken Alfredo Pasta Dinner Roll Seasoned Broccoli Diced Strawberries	12 ★ #TacoTuesday Beef Walking Taco Salsa Black Beans Mixed Fruit	13 Bosco Sticks Marinara Sauce Mixed Vegetables Diced Peaches Baked Cookie 🍪	14 ½ DAY	8 French Bread Cheese Pizza Fresh Salad Mixed Fruit
18 Chicken Tenders Broccoli w/ Cheese Sauce Sliced Apples Baked Cookie 🍪	19 ★ Beef Hot Dog French Fries Baked Beans Mixed Fruit	20 Sweet & Sour Chicken Vegetable Fried Rice Veggie Egg Roll Glazed Carrots Fresh Orange	21 #BrunchforLunch Mini Confetti Pancakes Sausage Patty Hashbrown Patty Mixed Vegetables Strawberries	15 NO CLASSES
25 Chicken Nuggets Baked Curly Fries Mixed Fruit	26 ★ #TacoTuesday Beef Walking Taco Salsa Black Beans Corn Mixed Fruit	27 NO CLASSES	28 NO CLASSES	22 Sloppy Joe on a Bun Seasoned Corn Diced Peaches
				29 NO CLASSES

Specials



Global Eats
Wednesday, November 20th

Featuring : China's Vegetable Fried Rice

Developed by Chartwells K12 chefs and dietitians, with input from students, Global Eats turns food into a worldly adventure!



Daily Offerings

Entrée #2
Garden Salad w/Chicken & Pita Bread

Entrée #3
Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available daily with all entrées

*School **Must** offer all **5** components (Protein, Grain, Fruit, Veggie and 1% Milk)

*Students **MUST** choose **3 or more** components – 1 component **MUST** at least be ½ cup fruit & or Vegetable