Wednesday

Bring on BREAKFAS1

12

NO CLASSES

Monday

BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit

Tuesday

Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit

6

Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit

7

14

Thursday

Cereal Bowl String Cheese or **Yogurt** Fresh Fruit or Cupped Fruit

Friday

String Cheese or

Yogurt

Fresh Fruit or

Cupped Fruit

Cereal Bowl 1

15

8

Nutrigrain Bar String Cheese or **Yogurt** Fresh or Cupped Fruit

11

BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit

13 **Pop Tart**

String Cheese or Yogurt Fresh or Cupped Fruit

Cereal Bar String Cheese or Yogurt

Fresh or Cupped Fruit

NO CLASSES

18

Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit

19 BeneFit Bar

String Cheese or Yogurt Fresh or Cupped Fruit

Pop Tart 20 String Cheese or Yogurt Fresh or Cupped Fruit

Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit

Cereal Bowl 22 String Cheese or **Yogurt**

Fresh Fruit or **Cupped Fruit** All meals served with milk.

Join Us for Breakfast

Studies show that breakfast

can support a student's

learning throughout the day, leading to increased focus,

fewer absences, and better

test scores

25

Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit

BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit

27

NO CLASSES

NO CLASSES

NO CLASSES

29

- AOD School Food Program Contact Information: (313) 883-8755 This institution is an equal opportunity provider.

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What's on the Menu?

AOD School Food Program K-8 – Lunch Menu St. Edward on the Lake Catholic School



Specials



Global Eats Wednesday, November 20th

Featuring : China's Vegetable Fried Rice

Developed by Chartwells K12 chefs and dietitians, with input from students. Global Eats turns food into a worldly adventure!



Daily Offerings

Entrée #2

Garden Salad w/Chicken & Pita Bread

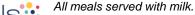
Entrée #3

Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available daily with all entrées

*School **Must** offer all **5** components (Protein, Grain, Fruit, Veggie and 1% Milk)

*Students MUST choose 3 or more components - 1 component MUST at least be ½ cup fruit & or Vegetable



 Menus will be changing to accommodate for the National Food Supply Chain challenges

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