

What's on the Menu? AOD School Food Program K-8 – Breakfast Menu St. Edward on the Lake Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday



2025
January

Nutrigrain Bar ⁶
String Cheese or
Yogurt
Fresh or Cupped
Fruit

BeneFit Bar ⁷
String Cheese or
Yogurt
Fresh or Cupped
Fruit

NO CLASSES ¹

NO CLASSES ²

NO CLASSES ³

Nutrigrain Bar ¹³
String Cheese or
Yogurt
Fresh or Cupped
Fruit

BeneFit Bar ¹⁴
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Pop Tart ⁸
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bar ⁹
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bowl ¹⁰
String Cheese or
Yogurt
Fresh Fruit or
Cupped Fruit

NO CLASSES ²⁰

BeneFit Bar ²¹
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Pop Tart ¹⁵
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bar ¹⁶
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bowl ¹⁷
String Cheese or
Yogurt
Fresh Fruit or
Cupped Fruit

Nutrigrain Bar ²⁷
String Cheese or
Yogurt
Fresh or Cupped
Fruit

BeneFit Bar ²⁸
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Pop Tart ²²
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bar ²³
String Cheese or
Yogurt
Fresh or Cupped
Fruit

Cereal Bowl ²⁴
String Cheese or
Yogurt
Fresh Fruit or
Cupped Fruit

Join Us for Breakfast

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores

I SCHOOL BREAKFAST



All meals served with milk.


What's on the Menu?

AOD School Food Program K-8 – Lunch Menu
St. Edward on the Lake Catholic School

January 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
|  | | | | |
| Chicken Alfredo Pasta Dinner Roll Broccoli Strawberries | ★ #TacoTuesday Quesadilla Chicken & Cheese Black Beans Salsa Fresh Orange | NO CLASSES | NO CLASSES | NO CLASSES |
| Chicken Tenders Broccoli with Cheese Sliced Apples | ★ Beef Hot Dog Baked Beans French Fries Mixed Fruit | Bosco Sticks Marinara Sauce Mixed Vegetables Fresh Pear | #BrunchforLunch Sausage, Egg & on a Muffin Tater Tots Goldfish Crackers Sliced Apples | Macaroni and Cheese Garden Salad Fresh Grapes |
| NO CLASSES | ★ #TacoTuesday Beef Nachos Salsa Black Beans Corn Applesauce |  Chicken Drumstick Dinner Roll *Brown Rice & Peas Sweet Potato Puffs Diced Pears | #BrunchforLunch Mini Confetti Pancakes Sausage Patties Hashbrown Patty Mixed Vegetables Diced Strawberries | Sloppy Joe on a Bun Corn Diced Peaches |
| Beef Hot Dog Baked Beans French Fries Applesauce | ★ NEW! Chicken Ranch Wrap Broccoli Mixed Fruit Baked Cheetos | Classic Cheeseburger Baked Curly Fries Fresh Cantaloupe | #BrunchforLunch Mini Chocolate Chip French Toast Sausage Patties Carrot & Celery Sticks Fresh Pear | Spaghetti with Meat Sauce Breadstick Garden Salad Diced Strawberries |


Specials



Global Eats turns food into a worldly adventure!
For the Month of January, we'll be traveling to India! Come Join Us!

**Global Eats – India
Wednesday, January 22nd**

Featuring: Spiced Brown Rice & Peas


Lucky Tray Day

Daily Offerings

Fruit, Milk and Vegetables available daily with all entrées

*School **Must** serve all **5** components
(Protein, Grain, Fruit, Veggie and 1% Milk)