

What's on the Menu?

AOD School Food Program K-8– Breakfast Menu
St. Edward on the Lake Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday



May 2025

Nutrigrain Bar 5
String Cheese or Yogurt
Fresh or Cupped Fruit

BeneFit Bar 6
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 7
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bar 1
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bowl 2
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Nutrigrain Bar 12
String Cheese or Yogurt
Fresh or Cupped Fruit

BeneFit Bar 13
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 14
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bar 8
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bowl 9
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Nutrigrain Bar 19
String Cheese or Yogurt
Fresh or Cupped Fruit

BeneFit Bar 20
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 21
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 15
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bowl 16
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

MEMORIAL DAY 26

BeneFit Bar 27
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 28
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart 22
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bowl 23
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Pop Tart 29
String Cheese or Yogurt
Fresh or Cupped Fruit

Cereal Bowl 30
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Join Us for Breakfast

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores



All meals served with milk.



What's on the Menu?

AOD School Food Program K-8– Lunch Menu
St. Edward on the Lake Catholic School

May 2025

Monday

Tuesday

Wednesday

Thursday

Friday



Cinco de Mayo 5

Beef Soft Tacos
Tortilla Shell
Refried Beans
Salsa
Fresh Apple

★ 6

Chicken Nuggets
Mashed Potatoes
Dinner Roll
Assorted Fruit

7

Sweet & Sour
Chicken
Vegetable Fried
Rice
Pineapple Tidbits

1

Sloppy Joe
Curly Fries
Peach Cup

2

Macaroni & Cheese
Mixed Vegetables
Fresh Orange Slices

12

Chicken Strips
Mashed Potatoes
Dinner Roll
Mixed Fruit Cup

★ 13

Cheeseburger
Baked Beans
Apple Slices

14

Bosco Sticks
Marinara Sauce
Baby Carrots
Orange Slices

8

Hot Dog
French Fries
Baked Beans
Mixed Fruit

9

Spaghetti with
Meatballs
Seasoned Corn
Pear Cup

#BrunchforLunch 15

Bacon Egg &
Cheese Biscuit
Hash Brown Potato
Assorted Fruit

16

Grilled Cheese
Sandwich
Tomato Soup
Fresh Apple

19

Beef Nachos
Refried Beans
Fresh Orange

★ 20

Chicken Ranch
Wrap
Baby Carrots
Grapes
*Baked Cookie

#BrunchforLunch 21

Sausage Patty/ Egg
Cinnamon Crunch
Bar
Celery Sticks
Fresh Grapes

22

Hot Dog
French Fries
Mixed Fruit

23

French Bread
Pizza
Steamed Corn
Mixed Fruit

26

★ 27

Cheeseburger
Baked Beans
Peach Cup

28

Cheesy Penne
Pasta w/Sauce
Steamed Mixed
Vegetables
Pear Cup

29

Orange Chicken
Vegetable Fried
Rice
Egg Roll
Fresh Apple

#BrunchforLunch 30

Bacon / Egg
Cinnamon Crunch
Bar
Baby Carrots
Fresh Grapes



Daily Offerings

Entrée #2
Garden Salad w/Chicken & Pita Bread

Entrée #3
Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available daily with all entrées

*School **Must** offer all **5** components (Protein, Grain, Fruit, Veggie and 1% Milk)

*Students **MUST** choose **3 or more** components – 1 component **MUST** at least be ½ cup fruit & or Vegetable

