

What's on the Menu?

AOD School Food Program K8 – Breakfast Menu
St. Edward on the Lake Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday

- Milk served with every meal



Friday, May 3rd



May 2024

Nutrigrain Bar ⁶
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

BeneFit Bar ⁷
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart ⁸
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bar ⁹
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bowl ¹⁰
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Nutrigrain Bar ¹³
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

BeneFit Bar ¹⁴
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart ¹⁵
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bar ¹⁶
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bowl ¹⁷
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Nutrigrain Bar ²⁰
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

BeneFit Bar ²¹
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart ²²
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bar ²³
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

²⁴
NO SCHOOL

²⁷
MEMORIAL DAY

BeneFit Bar ²⁸
String Cheese or Yogurt
Fresh or Cupped Fruit

Pop Tart ²⁹
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

Cereal Bar ³⁰
String Cheese or Yogurt
Fresh Fruit or Cupped Fruit

³¹
NO SCHOOL

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AOD School Food Program K8
St. Edward on the lake Catholic School

Monday

Tuesday

Wednesday

Thursday

Friday

Available Daily

Entrée 2 – Garden Salad w/ Chicken & Pita Bread

Entrée 3 – Soy Butter & Grape Jelly

Fruit, Milk and Vegetables available with all Entrées

- School's **MUST** offer all 5 components (**Grain, Fruit, Milk, Protein and Veggie**). Students **MUST** choose 3 or more food groups. 1 component **MUST** at least be ½ cup fruit and/or vegetable

Fish Sticks
Dinner Roll
French Fries
Mixed Fruit

1

Chicken Nuggets
Baked Beans
Fresh Pear

2

Macaroni and Cheese
Romaine Salad
Fresh Orange

3



Friday, May 3rd

Chicken and Cheese Quesadilla
Refried Beans
Fresh Apple

6

Sliced Turkey & Gravy
Mashed Potatoes
Apple Slices
Baked Cookie 🍪

7

Rotini Pasta with Italian Meat Sauce
Breadstick
Green Beans
Fresh Cantaloupe

8

Chicken Nuggets
Tater Tots
Fresh Pear

9

Sweet and Sour Chicken
Rice
Seasoned Broccoli
Fresh Orange

10



Chicken Drumstick
Dinner Roll
Mashed Potatoes
Collard Greens
Applesauce

13

Hot Dog on a Bun
French Fries
Baked Beans
Apple Slices

14

Grilled Cheese Sandwich
Tomato Soup
Fresh Broccoli
Fresh Orange

15

#BrunchforLunch
Mini Waffles
Yogurt Cup
Carrots /Celery
Fresh Cantaloupe

16

Fish Sticks
Dinner Roll
Tater Tots
Fresh Banana

17

Chicken and Cheese Quesadilla
Refried Beans
Fresh Grapes

20

Chicken Patty Sandwich
French Fries
Apple Slices
Baked Cookie 🍪

21

Spaghetti with Meatballs
Seasoned Broccoli
Fresh Banana

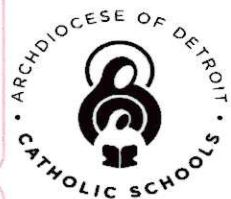
22

#BrunchforLunch
Mini Chocolate Chip
French Toast
Sausage Links
Carrots & Celery Sticks
Assorted Fruit

23

NO SCHOOL

24



MEMORIAL DAY

27

Chicken Patty Sandwich
French Fries
Apple Slices
Baked Cookie 🍪

28

Cheeseburger
Baked Beans
Fresh Grapes

29

Pizza
Tater Tots
Assorted Fruit

30

NO SCHOOL

31



2024
May